



John 70 years old Has mobility issues

Medical Information

CKD Stage 5 Serum creatinine: 8.3 mg/dL eGFR: 4 mL/min/ 1.73m<sup>2</sup> Serum K+: 5.2 mEq/L

John has been putting off **kidney replacement therapy** for 2 years, but needs to urgently start dialysis now due to hypervolaemia.

# How can Modern PD help John?

## **Clinical Benefits**



Urgent-start dialysis is associated with **better outcomes when started** with **PD** than HD:<sup>1,2,3</sup>

- Urgent-start PD carries a lower risk of hospitalisation and dialysis-related complications compared to urgent-start HD<sup>1,2</sup>
- PD avoids the use of CVCs, which are associated with greater mortality and infection rates<sup>2,3</sup>



PD is associated with **better preservation of Residual Kidney Function (RKF)** compared to HD<sup>4,5</sup>

### **Quality of Life Benefits**



An urgent-start program will result in a smooth transmission to dialysis through **outpatient management of dialysis initiation**, reducing treatment delays as well as length of hospitalisation.<sup>6</sup> It also introduces patients onto the path of **independence** and **flexibility** available through home dialysis.<sup>7</sup>

Urgent-start PD offers a minimally invasive RRT that is both a **safe** and **effective** option for acutely ill patients who need immediate access to dialysis.<sup>8,9</sup>





Dialysing at home **reduces time spent travelling**<sup>10</sup> to and from the dialysis centre and **prevents nosocomial infection**<sup>11</sup>, protecting our most vulnerable.

<sup>1</sup> Ghaffari A, Brunelli SM, Cassin M, Schreiber M: Urgent-start peritoneal dialysis versus urgent-start hemodialysis: a multicenter clinical trial. Kidney Week. Philadelphia, PA, JASN, 2014. <sup>2</sup> Jin H, Fang W, Zhu M, Yu Z, Fang Y, Yan H, Zhang M, Wang Q, Che X, Xie Y, Huang J. Urgent-start peritoneal dialysis and hemodialysis in ESRD patients: complications and outcomes. PLoS One. 2016 Nov 8;11[11]:e0166181. <sup>3</sup> Koch M, Kohnle M, Trapp R, Haastert B, Rump LC, Aker S, Comparable outcome of acute unplanned peritoneal dialysis and heamodialysis, Nephrology Dialysis Transplantation, Vol 27, Issue J, Jan 2012, P 375–380. <sup>4</sup> Liu X, Dai C. Advances in understanding and management of residual renal function in patients with chronic kidney diseases. 2016;2(9):1387–98. <sup>5</sup> Tang SC, Lai KN. Peritoneal dialysis: the ledel bridge from conservative therapy to kidney transplant. Journal of Nephrology. 2020 Jul 11:1-6. <sup>8</sup> Rajora et al. How To Build a Successful Urgent-Start Peritoneal Dialysis Program, KIDNEY360 1: 1165–1177, 2020. <sup>7</sup> Zazzeroni et al. Comparison of Quality of Life in Patients Undergoing Hemodialysis and Peritoneal Dialysis: a Systematic Review and MetaAnalysis, Kidney Blood Press Res 2017;42:713-727. <sup>8</sup> Swinnen et al. Changing the peritoneal dialysis access algorithm with a precise technique of perutoneau Seidinger PD catheter placement, The Journal of Vascular Access 2022. <sup>9</sup> Alkatheeri et al. Success of Urgent-Start Peritoneal Dialysis in a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis in a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis on a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis on a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis on a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis on a Large Canadian Renal Program, 2016 International Society for Peritoneal Dialysis on a Large Canadian Renal Program, 2016 International Society



#### **Higher Satisfaction with Therapy**

**74%** of urgent-start PD patients remain on therapy. Of those who left PD, only **33%** electively switched to HD.<sup>12</sup>



PD patients report higher satisfaction with therapy than HD patients:<sup>13</sup>







#### **Urgent-start Dialysis is a Common Issue**



Up to **60%** of dialysis patients may start dialysis in an unplanned manner.<sup>14</sup>



Immediate use of **PD catheter with low volume prescriptions** allows for safe urgent-starts of PD before discharge.<sup>15</sup>

#### Shared Decision-Making to Help Your Patients Make Their Dialysis Choice



**Shared decision-making (SDM)** is a collaborative process where clinicians support patients to reach a treatment decision that is right for their clinical condition, lifestyle and social circumstances.



Even in urgent-start patients, SDM can still be practiced before discharge. Urgent-start patients who completed a pre-dialysis education program and made a therapy choice were more likely to choose PD.<sup>16</sup>



Shared decision-making supports patient satisfaction and leads to an increase in patients choosing PD.<sup>17</sup> Here's how you can get started:

- 1 Present evidence-based therapy options along with the unbiased pros and cons of each.
- 2 Let your patient engage to the extent that he/she desires e.g., making his/her values and preferences explicit.
- 3 A mutual, informed decision is made based on the discussion between you and your patient.



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Baxter's **My Kidney Journey** website was created to help HCPs present comprehensive and objective information regarding CKD and dialysis to patients in a way that is easy to understand. **Find out more from your local Baxter team.** 

Are you ready to voice the benefits of Modern PD to your patients today?

Your Voice. Their Choice.

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